



ORGANISATION

WARNING

- ✦ The organisation of a journey of 140 km on 5 days with a lot of people requires a great rigor from the organisation and a **big respect of the instructions** (navigation, locks, roads crossing and bridges cross) from the participants.
- ✦ At that time of the year, we're a lot on the Canal and on its banks. For this reason, we require from you a high respect of people and environment.

WEEK ORGANISATION

- ✦ Each day, buses bring you from the accommodation to the start of the stage.
- ✦ For the 4 first nights, accommodation will be done at the Youth Hostel of Carcassonne and the Friday night in hotels near Béziers.
- ✦ Some cities welcome the Rallye very warmly by giving an aperitif where the participants may taste the local specialities. For that occasion, the presence of ALL participants is required to honor our hosts.
- ✦ Lunches are taken on the banks of the Canal. If the weather is bad, cities allows us large rooms.
- ✦ A party organised on Friday is open to all the participants.
- ✦ The carry of the boats and participants is done from Toulouse to Béziers for both ways.
- ✦ During the meeting on Sunday afternoon, people who wants to come back to Toulouse at the end of the Rallye must inform it Muriel. This opportunity is open to all participants.
- ✦ For teams coming with their own boats and trolleys, it's mandatory to bring the trolleys up to Béziers on Monday evening (see with the management).
- ✦ We can not take charge of personal vehicles. A parking area is provided for participants wishing to leave directly from Béziers.

INSTRUCTIONS FOR A SMART RALLYE

- ✦ Boat must be checked carefully at each stage and possible problems must be reported to André who will try to fix it as best he can. Take care of your material and respect the instructions of the organization to avoid future issues.
- ✦ The « code de la navigation fluviale » must be followed. All the others crafts are prior to ours.
- ✦ Take on the bank path, we aren't alone. Take care also on possible obstacles (roots or mooring ropes).
- ✦ **Take care arriving close to the locks** which are sources of eddies. Stay away when boarding and landing.
- ✦ Boats start list is given by Luc in order to have reasonable time differences and get our accommodation sites at a reasonable time.
- ✦ At the end of each stage, bicycles must be grouped near the dedicated trolley upon instructions from Joël. Advise him of any issue with the bicycles.
- ✦ Start times are specifically given for people having chosen the free accommodation.
- ✦ Medical cares are given (respecting the starting order of the boats) before the starts and before the lunches on the Canal, and before the dinners at the Youth Hostel.
- ✦ Many bottles of water are distributed every time.
- ✦ **RESPECT ALL THE PEOPLE ON OR BESIDE THE CANAL (Tourists, lock, cyclists and the others rowers) AND keepers) AND ITS ENVIRONMENT.**

We count on your vigilance to respect the instructions delivered at the beginning of the Rallye and at each stage, so that the stay takes place in the best conditions

DAILY SCHEDULE

	Morning	Afternoon	
Sunday	<ul style="list-style-type: none"> ☞ Renting boats arrival 	<p><i>Toulouse Allées Paul Sabatier</i></p> <hr style="width: 20%; margin: 10px auto;"/> <p>– <i>Area of Port Lauragais</i></p>	<ul style="list-style-type: none"> ☞ From 3 PM : Welcome. ☞ Distribution : Route and instructions, T-shirts and material for each crew. ☞ Information on accomodation and bus (Muriel) <hr style="width: 20%; margin: 10px auto;"/> <ul style="list-style-type: none"> ☞ From 16 PM : welcoming participants coming with their boats. The trailer must then be repatriated to Béziers on a dedicated car park ☞ Reading of the panels giving the instructions for landing and boarding.
Monday <i>Port-Lauragais Castelnaudary</i> 14,7 km 6 locks	<ul style="list-style-type: none"> ☞ 6:30 AM : Start of de bus from Allées Paul Sabatier at Toulouse ☞ 7:45 AM : Welcome with breakfast (coffee, tea and croissants) Allocation of the boats per crew and attribution of crews to individual participants (André or Marie-Christine) ☞ 9 AM : Start of the boats from Port-Lauragais ☞ No supply point ☞ 12 AM : Finish at Castelnaudary and cross the great basin. Follow instructions of the organisation for landing. Landing is done at the end of the great basin just before the lock. Park the boats after the 3 locks and keep free the bicycle path. ☞ 12:30 AM : Lunch site is near the swimming pool. Please walk back along the Canal. The municipality is given a welcome aperitif. ☞ Restrooms behind the fire station. 	<p><i>Castelnaudary Bram</i> 16,6 km 11 locks</p>	<ul style="list-style-type: none"> ☞ 2 :30 PM : Start from Castelnaudary ☞ Supply point : Lock of Tréboul ☞ Back in de water obligatory after de lock of Bram ☞ 5 PM : Finish at the Port de Bram. Landing after the bridge and the harbour. Keep free the bicycle path. ☞ Welcome aperitif is given by the municipality. ☞ Sorry no restrooms. ☞ 6 PM : Start of the buses to Carcassonne. ☞ 8 :30 PM : Diner at the Youth Hostel
Tuesday <i>Bram Carcassonne</i> 24,5 km 5 locks	<ul style="list-style-type: none"> ☞ 6 :15 AM : Breakfast ☞ 7 AM : Start by bus at de bottom of de city of Carcassonne. ☞ 8 :30 AM : Start of the boats from Bram ☞ Supply point : Lock of Villesèque ☞ Around 11:30 to 12 AM : Finish at the port of Carcassonne. Boats are parked on the left bank just before the lock. ☞ 12:30 AM : Lunch under the trees near the Capitainerie ☞ Toilets on the square 	<p><i>Carcassonne Trèbes</i> 12,7 km 4 locks</p>	<ul style="list-style-type: none"> ☞ 2:30 PM : Start of the boats from Carcassonne Boarding is done as far as possible from the lock. CAUTION : We are circulating in town and take care of cars. ☞ No supply point ☞ In order to have fun time in the City, we recommend you to not row too slowly !! ☞ 4:30 PM : Finish at Trèbes. Landing is difficult. Follow carefully the instructions and be patient. ☞ 5 PM: An aperitif is given by local authority. ☞ Restrooms at reception place. ☞ 18 PM : Start of the buses to Carcassonne. ☞ 7:30 PM : Diner at the Youth Hostel. ☞ 9 PM : Conference on the Canal du Midi by Samuel Vannier (archivist at Voies Navigables de France –VNF)

<p>Wednesday</p> <p>Trèbes La Redorte 21,5 km 5 locks</p>	<ul style="list-style-type: none"> € 6 :15 AM : Breakfast take clothes to change for the afternoon sightseeing tour € 7:15 AM : Start of the buses. € 8 :30 AM : <i>Start of the boats from Trèbes</i> € Supply point : <i>Lock of St Martin</i> € 11 AM : Finish La Redorte. boat parking on the instructions of the organizing team € 11:30 AM : Reception by the municipality in the square 'Le Manège' (follow the arrows) € 12:30 AM : Lunch in the same place € Public restrooms on site. 		<p>TOURISTIC VISIT</p> <p>(Medieval village, wine cellar...)</p> <p>€ 8:30 PM : Diner at the Youth Hostel.</p>
<p>Thursday</p> <p>La Redorte Ventenac 21,4 km 5 locks</p>	<ul style="list-style-type: none"> € 6 AM : Breakfast € 7 AM : Start of the buses € 8:30 AM : <i>Start of the boats from La Redorte</i> € Supply point : <i>Lock of Pechlaurier</i> € 12 : Finish at Ventenac en Minervois. Landing after the bridge. € 12:30 PM : Reception given by the municipality. € 13 PM : Lunch (location to be defined) € Public restrooms on site. 	<p>Ventenac Capestang 27,4 km No locks</p>	<ul style="list-style-type: none"> € 2 :30 PM : <i>Start of the boats from Ventenac</i> CAUTION : Long distance stage without locks, but the trolley stays on the boat € Supply point : <i>after the old bridge of Argeliers</i> € 6 PM : Finish at Capestang. Boats are carefully linked on both sides 500 m before the bridge. Follow instructions. € 6:30 PM : Reception by the municipality € Restrooms Place Jean Jaurès. € 7 PM : Start of the buses to Carcassonne € 9 PM : Diner at the Youth Hostel. € CAUTION : Last night in the City of Carcassonne Prepare your luggage and advise the organisers of your wishes to leave Béziers (bus Toulouse, Béziers train station, etc...)
<p>Friday</p> <p>Capestang Béziers 19,9 km No locks</p>	<ul style="list-style-type: none"> € 6 AM : Breakfast CAUTION : Leave your sheets at the places indicated by the youth Hostel people. Leave keys and cards at the reception. € 7 AM : Start of the buses. Leave your luggage in the bus corresponding to your hotel in Béziers. This information has been given by Muriel at the start of the Rallye on Sunday. € 9:15 AM : <i>Start of the boats from Capestang</i> CAUTION : Passing the tight tunnel of Malpas is done by group under supervision of the organisers. Motorcrafts are prior to us € Supply point : <i>after de tunnel</i> € 11 :30 AM : Finish at Béziers, Narbonne Bridge Take out the boats put on the trolleys remove oars and arrange in the boats. Wait for arrival of all the boats to go down to the Rowing club. This will be done under local police supervision. € 13 PM : Lunch (location to be defined) € Restrooms at Rowing Club. 	<p>Rowing Club de Béziers</p>	<ul style="list-style-type: none"> € 3 PM to 4:30 PM : <i>animation as part of the International Criterion for Rowing</i> € After the races, complete cleaning of the boats and loading them on the trolley under André et Luc supervision. Group the bicycles near the dedicated trolley with Joël. € Restrooms at Rowing Club. € 6:30 PM : Start as soon as possible to the hotels € 8:30 PM : Festive evening for ALL the participants : Awards ceremony, cocktail and lunch, (location to be defined).
<p>Saturday</p> <p>Béziers Toulouse</p>	<ul style="list-style-type: none"> € 8:30 AM : <i>Start of the buses to Toulouse</i> Buses are organized to serve different places : train station of Béziers, train station of Toulouse, Emulation Nautique Toulouse, airport Toulouse-Blagnac. 		