



## Organisation

### Team

- ✚ **Logistic** : André Perrot, Marie-Christine Trigo
- ✚ **Accommodation, transport, communication** : Muriel Buéra
- ✚ **Meals (organisation and implementation)** : Jean-Charles Fabre, Alain Monbrun, Jean-Bernard Trigo
- ✚ **Boats maintenance** : André Perrot
- ✚ **Bicycles maintenance** : Joël Delbreil
- ✚ **Medical care** : Janine Dagnac, Eliane Dubocage, Jean Fouga
- ✚ **Crews management (Stage ranking) and interpreter** : Luc Poncelet
- ✚ **Water and sweets** : Samuel Vannier, Odile
- ✚ **Surveillance et sécurité nocturne des bateaux** : Jean Fouga
- ✚ **Safety team** : Guy Labrosse, Henry Piton, Josette Hospital, Véronique Cénac, Magali Ariès, Georges Fontaine, Béatrice Ganil, Sophie,
- ✚ **Responsible bus** : Yannick Riot

### WARNING

- ✚ The organisation of a journey of 206 km on 6 days with a lot of people requires a great rigor from the organisation and a big respect of the instructions (navigation, locks, roads crossing and bridges cross) from the participants.
- ✚ At that time of the year, we're a lot on the Canal and on its banks. For this reason, we require from you a high respect of people and environment.

**We count on your vigilance to respect the instructions delivered at the beginning of the Rallye and at each stage..**

### Week organisation

- ✚ Each day, buses bring you from the accommodation to the start of the stage.
- ✚ For the 4 first nights, accommodation will be done at the Youth Hostel of Carcassonne and the Friday night in hotels near Béziers.
- ✚ Some cities welcome the Rallye very warmly by giving an aperitif where the participants may taste the local specialities. For that occasion, the presence of ALL participants is required to honor our hosts.
- ✚ Lunches are taken on the banks of the Canal. If the weather is bad, cities allow us large rooms.
- ✚ A party organised on Friday is open to all the participants. A 16€ fee is asked for the people having chosen the free accommodation.
- ✚ The carry of the boats and participants is done from Toulouse to Béziers for both ways for people having chosen the full accommodation.
- ✚ During the meeting on Sunday afternoon, people who want to come back to Toulouse at the end of the Rallye must inform it Muriel. This opportunity is open to all participants.
- ✚ For teams coming with their own boats and trolleys, it's mandatory to bring the trolleys up to Béziers on Monday evening ( see with the management).

## Instructions for a smart Rallye

- ✚ Boat must be checked carefully at each stage and possible problems must be reported to André who will try to fix it as best he can. Take care of your material and respect the instructions of the organization to avoid future issues.
- ✚ The « code de la navigation fluviale » must be followed. All the others crafts are prior to ours.
- ✚ Take on the bank path, we aren't alone. Take care also on possible obstacles ( roots or mooring ropes).
- ✚ Take care arriving close to the locks which are sources of eddies. Stay away when boarding and landing.
- ✚ Boats start list is given by Luc in order to have reasonable time differences and get our accomodation sites at a reasonable time.
- ✚ At the ned of each stage, bicycles must be grouped near the dedicated trolley upon instructions from Joël. Advise him of any issue with the bicycles.
- ✚ Start times are specificaly given for people having choosen the free accomodation.
- ✚ Medical cares are given before the starts and before the lunches on the Canal, and before the dinners at the Youth Hostel.
- ✚ Many bottles of water are distributed every time.
- ✚ **RESPECT ALL THE PEOPLE ON OR BESIDE THE CANAL (Tourists, lock, cyclists and the others rowers) AND keepers) AND ITS ENVIRONMENT.**

## PLANNING

	Morning	Afternoon	
<b>Sunday</b>	<ul style="list-style-type: none"> <li>☞ Renting boats arrival</li> </ul>	<p><i>Toulouse Allées Paul Sabatier</i></p>	<ul style="list-style-type: none"> <li>☞ <b>From 3 PM, Welcome.</b></li> <li>☞ Distribution : Route and instructions, T-shirts and material for each crew.</li> <li>☞ Information on accomodation and bus (Muriel)</li> <li>☞ Assembly of the boats, checking and installation of small material.</li> <li>☞ Allocation of the boats per crew and attribution of crews to individual participants (André or Marie-Christine)</li> <li>☞ Reading of the panels giving the instructions for landing and boarding.</li> </ul>
<p><b>Monday</b></p> <p><i>Start Toulouse Allées Paul Sabatier</i></p> <p><i>Toulouse Ayguesvives</i> 22,8 km 3 locks</p>	<ul style="list-style-type: none"> <li>☞ <b>7 AM</b> : Welcome with breakfast (coffee, tea and croissants)</li> <li>☞ Repartition of luggage in the buses. Keep your daily clothes.</li> <li>☞ <b>8 AM</b> : Speeches of the local personalities, welcome from the Rallye chairman. Reminder of the safety instructions.</li> <li>☞ <b>8:30 AM</b> : Start of the boats at the boarding point after the fire station.</li> <li>☞ <b>CAUTION</b> : Stay at minimum 100 m to the locks to land to the banks..</li> <li>☞ Up to the <i>Seuil de Naurouze (water sharing)</i> landing before te elocks are very difficult.</li> <li>☞ Finish at the <i>écluse du Sanglier</i> : Leave the bicycle path free.</li> <li>☞ <b>12:30 AM</b> : Lunch on the highway parking of (public restrooms)</li> </ul>	<p><i>Ayguesvives Port-Lauragais</i> 21,8 km 7 locks</p>	<ul style="list-style-type: none"> <li>☞ <b>2:30 PM : Start</b></li> <li>☞ <b>Arounf 7 PM</b> : Finish at Port Lauragais.</li> <li>☞ Boats are stocked on the grass.</li> <li>☞ Public restrooms on site.</li> <li>☞ <b>6:30 PM</b> : Start to the City of Carcassonne by bus.</li> <li>☞ <b>Between 7 and 8 PM</b> Arrival at the City of Carcassonne, attribution of the rooms at the Youth Hostel (Muriel). For people living at another place, please follow specific instructions given by Mutriél.</li> <li>☞ <b>Between 8 PM and 8:30 PM : Dinner</b></li> </ul>

<p><b>Tuesday</b></p> <p><b>Port-Lauragais Castelnaudary</b> 14,7 km 6 locks</p>	<ul style="list-style-type: none"> <li>☞ <b>6 AM</b> : Breakfast</li> <li>☞ <b>7 AM</b> : <b>Start by bus from</b> Carcassonne.</li> <li>☞ <b>8 :30 AM</b> : <i>Start of the boats from Port-Lauragais</i></li> <li>☞ <b>12 AM</b> : <b>Finish at</b> Castelnaudary and cross the great basin. Follow instructions of the organisation for landing. Landing is done at the end of the great basin just before the lock. Park the boats after the 3 locks and keep free the bicycle path.</li> <li>☞ Lunch site is near the swimming pool. Please walk back along the Canal. The municipality is given a welcome aperitif.</li> <li>☞ Restrooms behind the fire station.</li> </ul>	<p><b>Castelnaudary Bram</b> 16,6 km 13 locks</p>	<ul style="list-style-type: none"> <li>☞ <b>3 PM</b> : <i>Start from Castelnaudary</i></li> <li>☞ <b>5 PM</b> : Finish at the Port de Bram. Landing after the bridge and the harbour. Keep free the bicycle path.</li> <li>☞ Sorry no restrooms.</li> <li>☞ Welcome aperitif is given by the municipality.</li> <li>☞ <b>6 PM</b> : Start of the buses to Carcassonne.</li> <li>☞ <b>8 to 8 :30 PM</b> : Diner at the Youth Hostel.</li> </ul>
<p><b>Wednesday</b></p> <p><b>Bram Carcassonne</b> 24,5 km 5 locks</p>	<ul style="list-style-type: none"> <li>☞ <b>6 :15 AM</b> : Breakfast</li> <li>☞ <b>7 :15 AM</b> : Start of the buses.</li> <li>☞ <b>8 :30 AM</b> : <i>Start of the boats from Bram.</i></li> <li>☞ <b>Around 12 AM</b> : Finish at the port of Carcassonne. Boats are parked on the left bank just before the lock.</li> <li>☞ <b>12 :30 AM</b> : Lunch under the trees near the Capitainerie</li> <li>☞ Restrooms at the Capitainerie with access code which must be asked.</li> </ul>	<p><b>Carcassonne Trèbes</b> 12,7 km 4 locks</p>	<ul style="list-style-type: none"> <li>☞ <b>3 PM</b> : <i>Start of the boats from Carcassonne</i> Boarding is done as far as possible from the lock.</li> <li>☞ <b>CAUTION</b> : <b>We are circulating in town and take care of cars.</b></li> <li>☞ In order to have fun time in the City, we recommend you to not row too slowly !!</li> <li>☞ <b>5 PM</b> : Finish at Trèbes. Landing is difficult. Follow carefully the instructions and be patient.</li> <li>☞ <b>5 :30 PM</b> : An aperitif is given by local authority.</li> <li>☞ Restrooms at reception place.</li> <li>☞ <b>8 to 8 :30 PM</b> : Diner at the Youth Hostel.</li> <li>☞ <b>9 : 30 PM</b> : Conference on the Canal du Midi by Samuel Vannier (archivist at Voies Navigables de France –VNF)</li> </ul>
<p><b>Thursday</b></p> <p><b>Trèbes La Redorte</b> 21,5 km 5 locks</p>	<ul style="list-style-type: none"> <li>☞ <b>6 :15 AM</b> : Breakfast</li> <li>☞ <b>7 :15 AM</b> : Start of the buses</li> <li>☞ <b>8 :30 AM</b> : <i>Start of the boats from Trèbes</i></li> <li>☞ <b>11 AM</b> : Finish La Redorte.</li> <li>☞ <b>11 :30 AM</b> : Reception by the municipality. Lunch is given at the Coopérative.</li> <li>☞ Public restrooms on site.</li> </ul>	<p><b>La Redorte Ventenac</b> 21,4 km 5 locks</p>	<ul style="list-style-type: none"> <li>☞ <b>3 PM</b> : <i>Start from La Redorte</i></li> <li>☞ <b>5 PM</b> : Finish at Ventenac en Minervois. Landing after the bridge.</li> <li>☞ <b>5 :30 PM</b> : Reception given by the municipality. Then start of the buses for Carcassonne.</li> <li>☞ Public restrooms on site.</li> <li>☞ <b>8 to 8 :30 PM</b> : Diner at the Youth Hostel.</li> <li>☞ <b>Last night in the City of Carcassonne : Caution:</b> Prepare your luggage and advise the organisers of your wishes to leave Béziers (bus Toulouse, Béziers train station, etc...)</li> </ul>

<p><b>Friday</b></p> <p><b>Ventenac Capestang</b> 27,4 km No locks</p>	<ul style="list-style-type: none"> <li>☞ <b>6 AM</b> : Breakfast</li> <li>☞ <b>CAUTION</b> : Leave your sheets at the places indicated by the youth Hostel people. Leave keys and cards at the reception.</li> <li>☞ <b>7 :15 AM</b> : Start of the buses. Leave your luggage in the bus corresponding to your hotel in Béziers. This information has been given by Muriel at the start of the Rallye on Sunday.</li> <li>☞ <b>8 :30 AM0</b> : <i>Start of the boats from Ventenac</i></li> <li>☞ <b>CAUTION</b> : LONG DISTANCE STAGE WITHOUT LOCKS.</li> <li>☞ <b>11 AM</b> : Finish at Capestang. Boats are carefully linked on both sides 500 m before the bridge. Follow instructions.</li> <li>☞ <b>11 :30 AM</b> : Reception by the municipality place Jean Jaurès, place of the lunch.</li> <li>☞ Restrooms on site.</li> </ul>	<p><b>Capestang Béziers</b> 19,9 km No locks</p>	<ul style="list-style-type: none"> <li>☞ <b>2 :30 PM</b> : <i>Start of the boats from Capestang</i></li> <li>☞ <b>CAUTION</b> : Passing the tight tunnel of Malpas is done by group under supervision of the organisers. Motorcrafts are prior to us.</li> <li>☞ <b>5 PM</b> : Finish at Béziers. Take out the boats, remove oars. Wait for arrival of all the boats to go down to tyhe Rowing club. This will be done under local police supervision.</li> <li>☞ Restrooms at Rowing Club.</li> <li>☞ Start as soon as possible to different hotels.</li> <li>☞ <b>7 :30 PM</b> : Start to the dinner.</li> <li>☞ Inform André your participation to the criterium on Saturday morning.</li> </ul>
<p><b>Saturday</b></p> <p><b>Rowing Club de Béziers</b></p>	<ul style="list-style-type: none"> <li>☞ <b>8 AM</b> : Start from the hotels.</li> <li>☞ <b>9 AM to 10 :30 AM</b> : <i>Sprint races.</i></li> <li>☞ After the races, complete cleaning of the boats and loading them on the trolley under André et Luc supervision. Group the bicycles near the dedicated trolley.</li> <li>☞ <b>12 AM</b> : Awards ceremony, cocktail and lunch at Tribeca.</li> </ul>	<p><b>Béziers Toulouse</b></p>	<ul style="list-style-type: none"> <li>☞ <b>3 PM</b> : <i>Start of the buses toToulouse.</i> Buses are organized to serve different places : train station of Béziers, train station of Toulouse, Emulation Nautique Toulouse, airport Toulouse-Blagnac.</li> </ul>