## PARTICIPATION RIGHT

* Rowing participants, licensed by the French Rowing Federation must hold an A license.
\# Non-licensed and foreign participants will be covered by a 7-day Discovery license taken by the ATPPR from the FFA
\# A sufficient level of fitness and rowing skills are required to complete stages of more than 20 kilometres with a crew.
\$ There can be a maximum of 2 minors per crew. A parental authorization initialled by the adult who will be responsible for it for the whole week is required, whether or not the legal representative is present on the Rally or Enduro.
\# The organising committee reserves the right to change or stop a crew if it considers that it is not able to follow all the boats, or does not comply with the rules of the event.
$\$$ The ATPPR is a member of the FFA. Its purpose is to promote long-distance leisure rowing. Therefore priority is given to rowing members, non rowing members will be accepted within the limit of available places.


## PRINCIPLES OF THE TWO EVENTS

\$ The 2 events take place over 5 days with different stages:

- from Monday to Friday morning, course of 30 to 50 km per day divided into half-days
- Wednesday afternoon, for those registered for the Rally, portage followed by rest with a proposal of cultural activities Saturday morning departure, return by bus to Toulouse for those who wish.
- Friday after loading the boats and at the end of the day, festive evening for all participants
- Saturday morning departure, return by bus to Toulouse with organization of drop-off (airports-stations) if necessary

| Canal du Midi Rally | Enduro Canal |
| :--- | :--- |
| Ramble | Timed course |
| In a yolette | In a yolette or skiff. |
| Crew made up of: 4 rowers, 1 coxswain and 1 <br> cyclist minimum, 3 maximum, rowers or not. <br> The ATPPR is committed to forming crews on <br> this principle, for individually registered <br> rowers | Crew of a yolette consisting of: 4 rowers, 1 <br> coxswain, 1 rowing cyclist or not |
|  |  |
| Single sculls accompanied by a maximum of |  |
| one cyclist, rower or not. |  |

The crossing of obstacles (locks, bridges, roads crossing the canal) is done on foot and at pace.
The Yolettes are equipped with trolleys to pass through the locks.
Cyclists, rowers or not, ensure the relay of their crew and safety during boarding, docking, and road crossings.
\# We are subject to the code of river navigation: all boats (barges, sailboats, tourist boats) have priority over ours in all situations (dock, manoeuvring, locks ...).
\# When cycling, the highway code must be respected, wearing a helmet is mandatory for all cyclists.

## SAFETY AND HEALTH ASSISTANCE

\# An organizing team follows the events on the towpath, by bicycle, in order to provide assistance, if necessary.
\$ She is in constant contact with the members of the organising committee, and ensures the opening of the towpath, in particular at the passage of the locks.
\# Routine care related to the event (blisters, etc., minor injuries) is provided by the permanent presence of authorized personnel who are members of the organizing team. Interventions that are no longer within the competence of the members of the organisation are carried out by the local civil emergency or care services (doctor, hospital, ambulance, firefighters)
\# The towpath is forbidden to any motor vehicle, except for local rights holders and emergency services. For accompanying persons taking the road, bring very detailed maps (green IFG $n^{\circ} 72$ or 114)
\# Any person must rescue any person in danger according to his means and notify a member of the organization as soon as possible.
\# The organizing committee may be required to decide or modify one or more stages due to weather conditions or exceptional events

Each rower undertakes to respect the instructions of the organizers concerning safety in all situations (on the water, on the bank, on the roads, on the buses, etc.).

## EQUIPMENT

\# Rentals, boats, bicycles and trolley are possible but in limited numbers.

* Participants using their own equipment must be assured by its owner
* The rate includes a contribution for the payment of repairs not covered by the insurer
\# Each boat must be equipped with a rope ( 6 meters or more) attached to the front, the back, a gaff, a sponge and be decked on the stern.
\$ The yolettes are equipped with a reliable transport trolley to ensure the passage of obstacles. A construction plan can be provided to participants wishing to use their own equipment. Link to the doc "build your own trolley")
* ATPPR can not be held responsible in case of theft.
\$ Vigilance and respect for equipment are required of each crew.

